

**PROJECTS
ABROAD.**



Education & Community

Nepal

**Community service, cultural
immersion, and rhino
conservation**

2 ZERO
HUNGER



4 QUALITY
EDUCATION



17 PARTNERSHIPS
FOR THE GOALS



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**SUSTAINABLE
DEVELOPMENT
GOALS**



 **LENGTH**
10 days

 **ACCOMMODATION**
Hotel

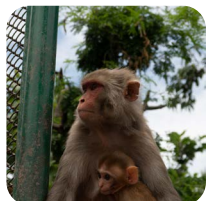
 **TRANSPORT**
Minibus

Trip highlights:

-  Support a local school through hands-on renovation work and engaging educational activities, helping create a brighter, more inspiring learning environment for young children.
-  Build real-world skills by leading workshops on topics like the environment and personal hygiene, gaining confidence in communication, teamwork, and leadership.
-  Experience Nepal beyond the classroom by exploring Kathmandu and Bhaktapur's historic streets and temples as well as cultural highlights like a dance and language class.
-  Embark on an adventure in Chitwan, including a jungle jeep safari to spot rhinos and crocodiles, a Tharu village walk, and a traditional cultural show by night.

Overview

The following is included in the cost of your trip (subject to change).



Culture & Learning

- Nepali language lesson
- Kathmandu local markets
- Cultural show
- Swayambhunath Temple (Monkey Temple)
- Nepali dance class
- Changu Narayan Temple
- Bhaktapur day trip (historic landmarks and artisan markets)
- Excursion to Chitwan national park
- Jungle jeep safari
- Spot local wildlife: Greater One-horned Rhinos, crocodiles...(and Bengal tigers if you're lucky)
- Tharu village walk
- Museum visit
- Traditional cultural show

Food/Accommodation

- Three meals a day (all diets catered for)
- Drinking water
- Hotels

Service & Learning

- Local school
- Reading books
- Singing songs
- Role-playing
- Arts and crafts
- Environmental workshops and awareness activities
- Hygiene education
- Educational resources creation
- Playground equipment improvement
- Mural painting
- Flower beds creation

Logistics

- Airport transfers in Nepal
- Orientation and tour of cities
- Travel in country
- Pre-departure support
- 24/7 support from local staff
- Emergency assistance



Days 1-2



SLEEP
Hotel



TRAVEL
Minimal

Arrival

Land at Tribhuvan International Airport, where our local team will be waiting to welcome you. From here, you will be transferred to your hotel in Kathmandu. After settling in, you will have time to rest and relax before enjoying dinner at the hotel.

After a relaxed morning, join a full induction session to prepare you for the days ahead, followed by a visit to your school placement to meet the staff, get introduced to the project, and understand how you will be supporting the children.

In the afternoon, explore the area as you wander through the local markets and take part in a Nepali language class to help you feel more confident connecting with the community.

School renovation work

Roll up your sleeves and get hands-on with renovation work at the school, helping to improve the children's learning environment. With support from our local team, you'll help to transform classrooms and outdoor spaces into brighter, more engaging, child-friendly areas through activities such as building playground equipment and painting educational murals.

You'll also take a more active role at the school by leading sessions focused on environmental issues, such as the harmful impacts of plastic and global warming. Deliver educational activities and hands-on projects with the children, helping them build awareness through fun, practical learning.

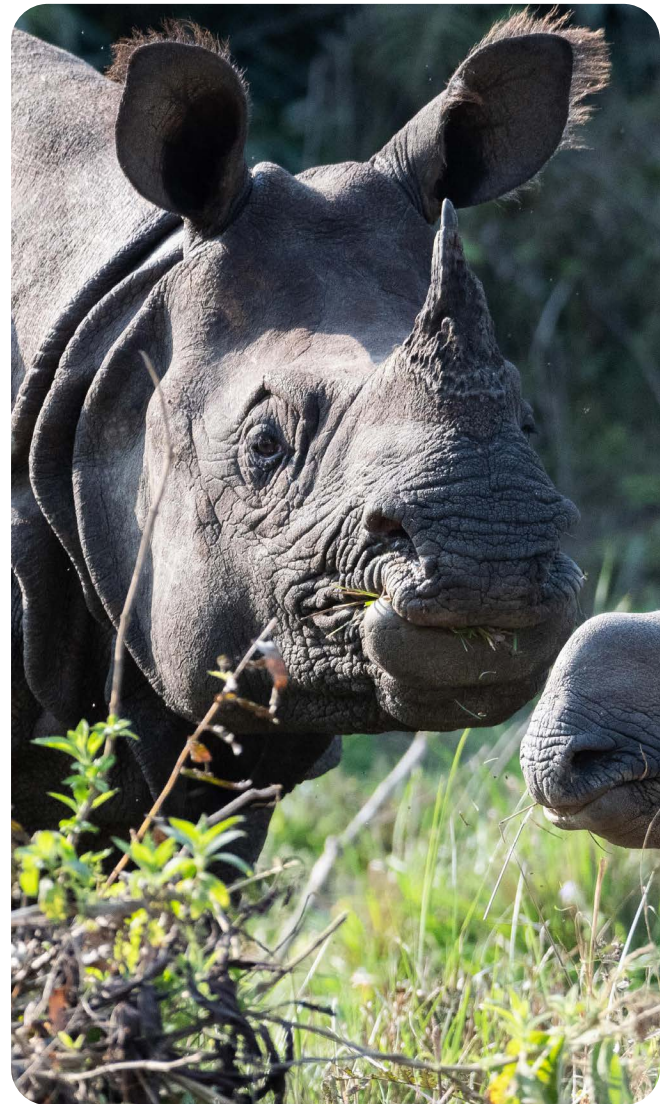
In the evenings, enjoy a deeper taste of Nepali culture with dinner and a traditional performance at a restaurant, partaking in a dance class to learn traditional Nepali dance moves, and visiting Swayambhunath Temple (the Monkey Temple) for panoramic views across the valley.



Chitwan National Park

Enjoy a well-earned break from your placement as you travel to Chitwan National Park, taking in scenic views of valleys and rivers along the way. After checking into your hotel, head to the banks of the Rapti River to unwind and watch the sunset.

The next day, set off on an unforgettable jeep safari through the jungle, learning to spot local wildlife such as Greater One-horned Rhinos, crocodiles, and a variety of birdlife. If you're lucky, you may even catch a glimpse of a Bengal tiger! Later, explore Tharu culture through a village walk and museum visit, and end the day with a lively traditional cultural show. Return to Kathmandu the next day by minibus with a lunch stop at a restaurant en route.



Bhaktapur exploration

On your final full day in Nepal, explore Bhaktapur, one of the country's most atmospheric historic cities. Wander through its medieval streets and artisan markets, and visit iconic landmarks such as the Palace of Fifty-five Windows and Bhairavnath Temple, offering a glimpse into the area's rich heritage and craftsmanship. After lunch at a local restaurant, head to Changu Narayan Temple, one of Nepal's oldest and most important Hindu temples.

In the afternoon, return to Kathmandu with time to browse local markets for any last-minute souvenirs. You will then come together for a special farewell dinner to celebrate your experience and everything you've achieved along the way.



Departure

Wrap up your time in Nepal with a final morning in Kathmandu, taking the opportunity to enjoy some last-minute shopping and pick up any souvenirs before departure. You will then transfer to the airport, bringing your journey to a close after two unforgettable weeks of learning, cultural immersion, and meaningful impact.



Destination Info

Most famous for the Himalayan Mountains and Mount Everest, Nepal is a small country with huge amounts of history and culture. Several ethnic groups make up the Nepali population, each with distinct backgrounds and traditions.

Nepal was first founded in 1768 after the Gorkha Kingdom conquered many smaller states in the area. It was never colonised but has some British influence due to their presence in India.

It is also incredibly biodiverse, with a wide range of climates depending on location: from the hot, humid lowland plains of the Terai, to the cooler hill regions around Kathmandu, and the cold alpine and glacial conditions of the high Himalayas.

LANGUAGE

Nepali

CURRENCY

Nepali Rupee

NATIONAL DISH

Dhal Bhat

POPULATION

30 million

TIMEZONE

GMT +5:45

NATIONAL ANIMAL

Cow

CAPITAL

Kathmandu

COUNTRY CODE

+977

NATIONAL BIRD

Himalayan Monal

A sustainable adventure

We're dedicated to protecting both people and the planet, treading lightly as participants of global travel.

By travelling with us, you're making positive contributions to people and planet, aligned with the UN SDGs.

Don't just take our word for it, we're B Corp certified!

Certified



**B CORP
CERTIFIED**



**CLIMATE ACTION
PLAN**



**FAIR & ETHICAL
WAGES**



**SUPPORTING
THE UN SDGs**

Learning Outcomes



GLOBAL CITIZENSHIP

Our program is designed to immerse students in diverse cultures, engage with real-world challenges, and gain an understanding of their role in a global community. They will develop intercultural competence, broaden their perspectives, and actively contribute to sustainable development initiatives.



LEADERSHIP & TEAMWORK

Through stepping outside their comfort zone, students will build resilience, confidence, and adaptability. By taking on new challenges and working collaboratively in teams, they will strengthen their leadership skills, decision-making, and capacity to guide and inspire others.



EMPOWERMENT

Students are empowered to develop the confidence and independence needed to think critically, challenge the status quo, and take ownership of their choices, creating a mindset for transformative decision-making.

PROJECTS ABROAD.

**Adventures that build
futures.**



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Community Development | Nepal

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